



CHANNELS

— Bar & Brasserie —

SUMMER MENU

• SMALL PLATES

- Sicilian Green Olives £5
- House Malt and Rye Sourdough, Whipped Chicken Butter £6
- Pesto and Parmesan Music Bread £5
- Padron Peppers, Chilli & Salt £5
- Whitebait, Spicy Tartar £6
- Essex Asparagus, Truffle Mayo, Poached Egg, Manchego £10
- Corn Ribs, Lime £10
- Salt Baked Beets, Whipped Feta, Walnut £10
- Cauliflower Chickpea Bhaji £8

• MEAT

- House Burger, Burger Sauce, Onion Ketchup, Truffle Mornay, Salad, Skinny Fries £19
- Pie Of The Day, Whipped Rooster, Baby Carrots, Gravy £19
- Veal Ragù, Linguine, Parmesan Cream £20
- Chicken Schnitzel, Caesar Salad, Fried Egg £20
- 10oz Ribeye Of Beef, Spinach, Rustic Chips, Peppercorn or Garlic Butter £35

• FISH

- Battered Haddock, Smashed Peas, Roast Lemon, Tartar, Rustic Chips £20
- Miso Blackened Cod, Bok Choy, Leek & Shitake Broth, Pickled Ginger £26
- Wing Of Skate, Brown Shrimp & Caper Butter, Samphire, Skinny Fries £28
- King Prawns, Garlic Butter, Mopping Up Bread, Skinny Fries, Gem & Herb Salad £22
- Breaded Plaice, Jersey Royal & Asparagus Fricassee, Fish Cream £22

• PLANT

- Salt & Pepper Broccoli, Satay Sauce, Pickled Watermelon £12
- KFC Cauliflower, Miso Mayo, Greens, Toasted Sesame £13
- Mushrooms On Toast, Tarragon Cream, Fried Egg £15
- Honey Roast Heritage Carrots, Hummus, Pickled Onion £15
- Courgette Tempura, Cashew Ricotta, Soy & Sesame £15

• SIDES

ALL £6

- Rustic Chips - add truffle +£1.50
- Skinny Fries - add truffle + £1.50
- Garlic Roast Mushrooms
- Sauteed Spinach
- Onion Rings
- Jersey Royals, Lemon Butter
- Caesar Salad / large Caesar Salad, poached egg £12
- BBQ Tenderstem Broccoli
- Honey & Dukkha Carrots
- Creamed Mashed Potato

• SWEET

- Lemongrass & Lime Pannacotta, Strawberries, Caramelised White Chocolate £9
- House Chocolate Mousse, Crunchy Bits £9
- Tart Of The Day £10
- Trio Of Ice Creams, Vegan Ice Creams Or Sorbets, Crunchy Bits £3 per scoop
- Farmhouse Cheese Platter, Grapes, Quince Paste, Crackers £12





CHANNELS
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SANDWICHES

SERVED FROM 12PM - 3PM
WEDNESDAY - SATURDAY

House Pulled Salt Beef Ciabatta, Mustard Mayo, Pickles £12

Tomato & Mozzarella Ciabatta, Basil Pesto, Salted Crisps £9

Atlantic Prawn & Crab Sandwich £11

CHILDREN'S MENU

SERVED FROM 12PM - 3PM AND 5.30PM - 8.30PM
WEDNESDAY - SATURDAY

• MAIN COURSES

Mini Beef Burger, Crispy Bacon, Tomato Ketchup, Skinny Fries £9

Battered Haddock, Skinny Fries, Smashed Peas £9

Bangers & Mash, Gravy £8

Tomato & Basil Linguni £7

• DESSERT

Ice Cream Or Sorbets £3 per scoop

Mini Chocolate Mousse, Crunchy Bits £6