Sundays at Channels

£29.95 THREE COURSES £24.95 TWO COURSES

12:30PM-4:30PM

Snacks

£4.50 each or 3 for £12

Sicilian Green Olives | VE

Spiced Nuts | VE

Starters

Sweet Potato, Coconut & Chilli Soup VE Fresh from our garden, house sourdough

House Prawn & Crab Cocktail Tomato, cucumber, avocado

Baked Cheddar Custard Grilled tenderstem, tarragon mayo

Duck Parfait Duck fat flat bread, apple

Cauliflower Chickpea Bhaji Mango yoghurt, dukkha

Sides

Garlic & Herb Roasties $\pounds 3.50$ Honeyed Carrots $\pounds 3.50$ Cauliflower Cheese $\pounds 3.50$ Mixed Vegetables $\pounds 4.50$ Thyme Yorkshire Pudding $\pounds 0.50$ Jug of Gravy $\pounds 1.00$

Kids

Mini Roast Beef or Chicken | £9.95 Roast potatoes, seasonal vegetables, Yorkshire pudding

Crispy Chicken Goujons | £7.75 Skinny fries, baked beans

Tomato & Basil Linguini | £6.50 Parmesan shavings

Battered Haddock £7.95 Skinny fries, smashed peas

Kids Desserts

Mini Brownie | £4.95 Vanilla ice cream Ice Cream Duo | £4.95 Crunchy bits

Roasts & Mains

Treacle House Cured Beef Sirloin

Roast Suffolk Chicken House Stuffing

Roast East Anglican Old Spot Rack of Pork

No Meat Roast V (All the yummy vegetables, potatoes, Yorkie & gravy *£3 less*)

Roasts served with garlic & herb roasties, honeyed carrots, cauliflower cheese, green vegetables, thyme Yorkie & gravy

Beer Battered Haddock Smashed peas, tartar, lemon, rustic chips, seaweed salt, curry mayo

Miso Glazed Squash VE King oyster, crispy seaweed, sesame whipped tofu, roast peanut dressing

Desserts

Apple & Rhubarb Crumble Tart Creme anglaise & vanilla ice cream

Hot Chocolate Tart Malt cream

Orange Polenta Cake Burnt orange ketchup, sweet cream

Trio of Ice Creams Honeycomb, banoffee, vanilla, chocolate or strawberry, crunchy bits Vegan: vanilla, peanut chip, or yuzu & strawberry

Farmhouse Cheese Platter Artisan cheeses, fennel jam, golden raisin chutney, fruit loaf, water crackers

V Vegetarian VE Vegan Gluten Free options available

Our food is prepared in a kitchen where nuts, glutens and other allergens may be present. Our menu descriptions do not include all ingredients. If you have a known food allergy or intolerance, let us know before ordering. Full allergen information is available from Management if required.