

# Sundays at Channels

## Spring Pre-Order Menu

£29.95 THREE COURSES

£24.95 TWO COURSES

12:30PM-4:30PM

### Snacks

£4.50 each or 3 for £12

Sicilian Green Olives | VE

Spiced Nuts | VE

### Starters

Homemade Soup of the Day | VE  
House Sourdough

House Prawn & Crab Cocktail  
Tomato, cucumber, avocado

72 Hour Bacon  
Peanut Satay, Chilli Pickled Watermelon,  
Broad Bean, Garlic Honey

Cauliflower Chickpea Bhaji | VE  
Mango yoghurt, dukkha

### Sides

Garlic & Herb Roasties | £3.50

Honeyed Carrots | £3.50

Cauliflower Cheese | £3.50

Thyme Yorkshire Pudding | £0.50

Jug of Gravy | £1.00

### Kids

Mini Roast Beef or Chicken | £9.95  
Roast potatoes, seasonal vegetables, Yorkshire pudding

Crispy Chicken Goujons | £7.75  
Skinny fries, baked beans

Tomato & Basil Linguini | £6.50  
Parmesan shavings

Battered Haddock | £7.95  
Skinny fries, smashed peas

### Kids Desserts

Mini Brownie | £4.95  
Vanilla ice cream

Ice Cream Duo | £4.95  
Crunchy bits

### Roasts & Mains

Treacle House Cured Beef Sirloin

Roast Suffolk Chicken House Stuffing

Roast East Anglican Old Spot Rack of Pork

No Meat Roast | V  
(All the yummy vegetables, potatoes,  
Yorkie & gravy \*£3 less\*)

*Roasts served with garlic & herb roasties,  
honeyed carrots, cauliflower cheese,  
green vegetables, thyme Yorkie & gravy*

### Beer Battered Haddock

Smashed peas, tartar, lemon, rustic chips,  
seaweed salt, curry mayo

Roast Cauliflower | VE

Butterbean Mash, Green Chilli Dressing,  
Pickled Shallot, Smoked Almond

### Desserts

Crumble Tart of the Day  
Vanilla anglaise & ice cream

### Pear & Ginger Cake

Glazed pear, rosemary caramel, pine nut mousse,  
honeycomb

### Trio of Ice Creams

Honeycomb, banoffee, vanilla,  
chocolate or strawberry, crunchy bits

**Vegan: vanilla, peanut chip, or yuzu & strawberry**

### Farmhouse Cheese Platter

Artisan cheeses, fennel jam, golden raisin chutney,  
fruit loaf, water crackers

V Vegetarian VE Vegan  
Gluten Free options available

Our food is prepared in a kitchen where nuts, gluten and other allergens may be present. Our menu descriptions do not include all ingredients. If you have a known food allergy or intolerance, let us know before ordering. Full allergen information is available from Management if required.