BREAKFAST AT CHANNELS

Tuesday - Sunday 9am - 12pm

BREAKFAST

Channels Breakfast

Two bacon, one sausage, fried egg, mushrooms, baked beans, black pudding, grilled tomato with one slice of toast | £9.50

Pancakes Packed with Protein

Vanilla protein pancakes with fresh blueberries, raspberries and maple syrup $\mid V \mid \pounds 5.95$

Smashed Avocado, Lime, Chilli Flakes & Poached Eggs

One slice of wholemeal toast or gluten free toast $\mid V \mid \pounds 7.75$

Eggs Benedict

Home cooked gammon ham on a toasted English muffin or gluten free toast topped with two poached eggs and hollandaise sauce | £7.50

Eggs Royale

Loch Fyne salmon on a toasted English muffin or gluten free toast topped with two poached eggs and hollandaise sauce | £7.75

Veggie English

Two fried eggs, baked beans, grilled tomato, mushrooms and hash browns with one slice of toast $\mid V \mid \pounds 7.95$

Toasted Wholemeal Bread Glazed with Welsh Rarebit

Crispy smoked bacon with warm poached hen's eggs and crispy leeks | £8.25

Scrambled Eggs & Smoked Salmon

On two slices of toast, English muffin or Gluten Free toast \mid £7.75

Smoked Bacon Sarnie

Served on either white, granary or gluten free bread | £4.95

Pork Sausage & Fried Onion Sarnie

Served on either white, granary or gluten free bread | £4.95

DRINKS:

Juices

A selection of flavours from the Frobishers brand: Orange, Apple, Pineapple or Cranberry All £3 each

Start the day as you mean to go on

Bloody Mary | £7.95

Bucks Fizz | £7.95

Espresso Martini | £8.75

Half bottle of Champagne | £30

Bottle of Prosecco | £28

| V Vegetarian

Gluten Free options available

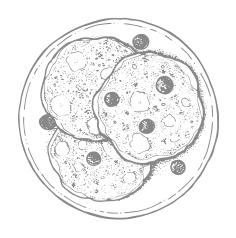
Our food is prepared in a kitchen where nuts, glutens and other allergens may be present, our menu descriptions do not include all ingredients.

If you have a known food allergy or intolerance, let us know before ordering, full allergen information is available from Management if required.

> Thank you so much for helping us reach the number 1 spot for Sunday Lunch in Chelmsford on Trip Advisor.

Please search for Channels Bar & Brasserie to leave your review.





BREAKFAST



Bar & Brasserie —