

## Channels Take Away Menu

Please phone **01245 440005** to place your order. Phone lines open 1 hour before Menu times.  
**All payment must be taken over the phone.** Collection will be from the Essex Barn. All social distancing rules apply. If you are displaying any symptoms, please do not come to collect.

### Friday & Saturday Menu 1pm-8pm

#### Snack

**Cauliflower Bhaji**- Mango Yoghurt, Dukkha (V) £3

#### Mains

*Kids portions available on most dishes below- price reflected next to adult price*

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|---|-------------|
| <b>House Burger</b> - Black Truffle, Caramelised Onion Ketchup, Brioche Bun, Skinny Fries       | £12/£6      |
| <b>Calves Liver &amp; Bacon</b> - Creamed Potato, Onion Gravy, Grilled Broccoli                 | £13         |
| <b>Shortcrust Pie of the Day</b> - Creamed Potato, Hispi Cabbage, Gravy                         | £12 / £6    |
| <b>Breaded Crispy Cod</b> - Smashed Peas, Rustic Chips, Lemon, Tartar                           | £13 / £6    |
| <b>Breaded Scampi</b> - Smashed Peas, Rustic Chips, Lemon, Tartar                               | £10 / £5    |
| <b>Chicken Caesar Salad</b> - Sourdough Crouton, Boiled Egg, Parmesan                           | £6          |
| <b>Caesar Salad (V)</b> - Sourdough Crouton, Boiled Egg, Parmesan                               | £5          |
| <b>Spicy Veggie Burger (V)</b> - Harissa Mayo, Brioche Bun, Skinny Fries                        | £10 / £5    |
| <b>Cheese, Potato &amp; Onion Shortcrust Pie (V)</b> - Creamed Potato, Hispi Cabbage, Gravy (V) | £11 / £5.50 |

### Sunday Menu Only- Available 12pm-4pm

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|---|----------|
| <b>Treacle House Cured Beef Sirloin</b> | £15 / £8 |
| <b>Roast Suffolk Chicken</b>            | £14 / £7 |
| <b>No Meat Vegetarian Roast (V)</b>     | £11 / £6 |

*Roasts are served with garlic & herb roasties, honey roast carrots, cauliflower cheese, green veg, Yorkshire pudding and house gravy*

### Available Friday to Sunday

#### Dessert

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| <b>Dessert of the Day</b>                              | £5 |
| <b>6 Freshly Baked Chef's Triple Chocolate Cookies</b> | £5 |

*\*Bottles of wine available upon request. Please enquire when ordering.\**

*\*All our food is prepared in a kitchen where nuts, glutens and other allergens may be present. Our menu descriptions do not include all ingredients.*

*If you have a known allergy or intolerance, please let us know before ordering.*