



# CHANNELS

— Bar & Brasserie —

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## EXPRESS LUNCH

SERVED FROM 12 - 5PM

**SOUP OF THE DAY** £6.25

Grilled sourdough

**TOMATO & MOZZARELLA CIABATTA** £6.95

Basil pesto & balsamic, house coleslaw, salted crisps

**HOUSE PULLED SALT BEEF CIABATTA** £7.95

Mustard mayonnaise, pickles

**BREADED FISH TOASTED CIABATTA** £7.95

Smashed minted peas, tartar sauce,  
house coleslaw, salted crisps

**ATLANTIC PRAWN & CRAB** £8.75

**WHOLEMEAL SANDWICH**

Marie rose, cucumber & tomato, crisp gem,  
house coleslaw, salted crisps

**CHICKEN CLUB SANDWICH** £8.95

Crispy smoked bacon, sliced egg, tomato,  
crisp gem lettuce & mayo on toasted wholemeal

**AUTUMN BEETROOT SALAD** £12.95

Beets, greens, figs, blue cheese,  
walnut, crisp bread

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**SICILIAN GREEN OLIVES** £3.50

**SPICED NUTS** £3.50

**CAULIFLOWER CHICKPEA BHAJI** £3.50

Mango yoghurt, dukkha

**ONION RINGS** £3.95

**RUSTIC CHIPS** £3.95

**SKINNY FRIES** £3.95



All of our food is prepared in a kitchen where nuts, glutes and other allergens may be present, our menu descriptions do not include all ingredients. If you have a known food allergy or intolerance please let us know before ordering, full allergen information is available from Management if required.

This menu is printed on FSC certified material.



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